

Brief Report

Comparison of β hCG Serum level in mild pre-eclampsia and healthy pregnant women

Tabandeh, A. (MD)

Assistant professor of
Gynaecologist, Golestan University
of Medical Sciences, Gorgan, Iran

Organji, H. (PhD)

General Practitioner, Golestan
University of Medical Sciences,
Gorgan, Iran

Aarabi, M. (PhD)

Assistant Professor, Golestan
University of Medical Sciences,
Gorgan, Iran

Corresponding Author: Tabandeh,
A.

Email: Tabande_a@yahoo.com

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Abstract

Background and Objective: Pre-eclampsia is the most common cause of maternal and neonatal mortality. Recent studies show that there may be a relationship between chorionic gonadotropine (HCG) and pre-eclampsia. Thus we aimed at assessing the serum level of β hCG after 28th week of pregnancy in mild pre-eclamptic and healthy pregnant women.

Material and Methods: In this case-control study, we measured the level of β hCG in 26 pre-eclamptic and 26 normal pregnant women. The difference between groups was analyzed by Mann-Whitney test ($P \leq 0.05$).

Results: The mean of β hCG in the case (73192 ± 42956 IU/L) and control group (34038 ± 21272 IU/L) is different significantly ($P = 0.001$). Considering mother's age, gestational age and parity, there is a significant difference between the two groups ($P = 0.001$).

Conclusion: The results of our study show that the higher level of β hCG, the greater the risk of pre-eclampsia.

Key words: Pre eclampsia, β hCG, Parity